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Level 3. Ofqual Accreditation Number 601/4930/9. The aim of the Level 3 Diploma in Sports Massage Therapy qualification is to provide learners with the knowledge and skills to be able to provide sports massage therapy to a range of clients who have dysfunctional tissue, without acute/post acute injuries or underlying pathological conditions.

*Active IQ Level 3 Anatomy and Physiology Exam: What you ...*

The Level 3 Anatomy and Physiology Mock Exam are provided as a FREE resource for those students working towards a Level 3 QCF qualification that contains the Anatomy and Physiology for Exercise and Health module/unit. Common qualifications that

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include this unit, and therefore this exam, include: Level 3 Personal Training Certificate

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Active IQ AIQ002621 Anatomy and Physiology for Exercise Level 2 H/600/9013 Mock Paper There are 30 questions within this paper To achieve a pass you will need to score 21 out of 30 marks All questions are multiple choice and there is only one correct answer Please use a pen to mark the answer sheet provided ...

*NEW Active IQ Level 3 Extended Diploma in Personal ...*

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Accreditation number: (QCF) 500/8820/8 Assessment plan and record of achievement Centre name: Assessment Plan Record of Achievement ... 3. in the past month, have you had chest pain when you were not doing physical activity?

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Feb 6, 2013.

*Home [www.activeiq.co.uk]*

The Active IQ Level 3 Anatomy and Physiology exam is often considered to be tough to pass, however, this blog will explain everything you need to know to pass that exam with confidence.

*Level 3 Anatomy and Physiology Mock Exam | HFE*

Created by Worldskills Personal Training finalist 2016 Tom Gallivan This level 3 Anatomy & Physiology Test is created by myself as a learning tool for your level 3 anatomy & Physiology revision. To celebrate 5 years since its inception and over 75000 attempts at this paper, i've decided to add some more questions to bring the total up to 333.

*Active IQ Level 3 Anatomy and Physiology Exam*

This theory paper comprises questions that are indicative of the

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Level 3 Applying the Principles of Nutrition to a Physical Activity Programme unit. All questions are multiple-choice. Answers should be recorded as either a, b, c or d. This theory paper has 30 marks. A minimum total of 21 marks overall (70%) is required in order to pass.

### *Mock Paper Level 3 Principles Of Nutrition To A Physical ...*

Fitness Training Solutions – Mock Exam Papers Fitness training solutions would like to give you the best learning experience and below you will find mock papers to help your exam revision for the fitness instructor course and personal training course.

### *Level 3 Anatomy and Physiology Mock Questions*

To enrol on this Level 3 qualification, you must have passed a Level 2 QCF registered gym fitness instruction course. Students must be 16 or over to enrol on this course and a degree of physical fitness is necessary to complete the practical

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assessments.

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The Active IQ Level 3 Anatomy and Physiology exam has 40 multiple choice questions and 90 minutes to answer them. This gives you 2 minutes per question plus 10 minutes extra reading time. Check your knowledge:

*Past Exam Papers | Healthypages*

Course Overview. You will gain a vocationally related qualification (VRQ), at Level 3 on the National Qualifications Framework. This Qualification allows access on to the Register of Exercise Professionals (REP) at Level 3. • Unit 4. Anatomy and physiology for exercise and health (A/600/9051) – 6 credits. • Unit 5.

*Active IQ Level 3 Certificate in Personal Training - SERC*

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- Active IQ Level 3 Assessing Competency, Education and Training, Nutrition for Sport and Exercise, Personal Training, Exercise Referral, Pilates, Sports Massage or Yoga
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- past and present injuries and disabilities

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Active IQ is an awarding organisation recognised and regulated by Ofqual within the Active Leisure sector designing qualifications that support clear career pathways. We pride



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ourselves on excellent customer service, and strive to provide high quality resources for our qualifications enabling Training Providers to give a positive learning ...

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### *Anatomy and Physiology for Exercise Level 2*

Mock Paper Level 3 Principles Of Nutrition To A Physical Activity Programme. Fill the gap: There are kilocalories (kcal) in 1 gram of protein.

### *QCF Learner Achievement Portfolio (LAP)*

“Our Level 3 Extended Diploma in Personal Training is designed to support PTs who want to broaden the scope of their role, offer

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more skills and services and, in doing so, stand out in the market," says Ben Jackson, Active IQ Qualification Development Manager.

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